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Literary Magazine of
SSLNT Mahila Mahavidyalaya



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Contents

Editorial teams' Address 4

Principal's Address 6

Art Gallery 64

Life at SSLNTMM 69

Editors' Message

बीसवीं सदी के अंतिम दशक तक नारी घर की चार दीवारी के बीच सहमी सकुचार्यी-सी अपने सपनों को आंखों की पलकों पर चिपकाई नजर आती थी। वहीं इक्कीसवीं सदी की नारी प्राचीनता की प्रचंड स्वरूपा नारी है। वह गार्गी, विदुषी, मैत्री, मीरा जैसी अस्त्र-शस्त्र विद्या में पारंगत है, जीवन के हर क्षेत्र में अपनी क्षमताओं का प्रमाण दे रही है। वह अपने अस्तित्व, अस्मिता की गाथा उकेर रही है वह उन्मुक्त गगन में उड़ना जानती है, जड़ता के जंजीरों को तोड़ना जानती है, शिक्षा का अधिकार लेना जानती है। वर्तमान समय में शिक्षा सभी के लिए आवश्यक है इससे भी ज्यादा आवश्यकता एवं अनिवार्य है, नारी शिक्षा। एक नारी के शिक्षित होने से पूरे घर में शिक्षा का प्रसार होता है परिणामतः एक विकसित समाज एवं राष्ट्र का निर्माण होता है। इसलिए नेपोलियन ने कहा था- "मुझे सौ शिक्षित महिलाएं दो और मैं तुम्हें एक अच्छा और मजबूत राष्ट्र दूंगा" इस उक्ति को चरितार्थ करते महाविद्यालय

में आज सौ की संख्या को पार करते हुए लगभग पन्द्रह हजार की संख्या में प्रतिवर्ष छात्राएं यहां पर प्रवेश लेती हैं एवं बीस हजार लगभग अध्ययनरत है। यहां की छात्राएं-शिष्य, विद्यार्थी, और 'छात्रा' इन तीनों शब्दों के एक विशेष अर्थ का द्योतन -'शिष्य'- जो गुरु के अनुशासन में रहते हैं, 'विद्यार्थी' - जिनका परम लक्ष्य एवं अर्थ विद्यार्जन करना एवं '-छात्रा' - शील, चरित्र एवं आचरण जिसका आवरण हो। इन त्रिवेणी का संगम यहां के छात्राओं में देखने को मिलता है। छात्राएं देश के कर्णधार एवं भविष्य में विकास के स्तंभ हैं। जीवन में उत्कृष्टता प्राप्त करने के लिए शिक्षण अवधि में विद्यार्जन के साथ-साथ अनुशासन का बहुआयामी कार्यकलापों के निष्पादन की आवश्यकता पड़ती है। नारी शिक्षा सशक्तिकरण के उद्देश्य की प्रतिपूर्ति हेतु महाविद्यालय की नींव 1955 में रखी गई एवं इसका

उद्घाटन 1965 में नारियों के प्रेरणा स्रोत रहीं, भारत के प्रथम महिला प्रधानमंत्री स्वर्गीय श्रीमती इंदिरा गांधी के कर - कमलों से किया गया। 1976 में सरकार ने इसे मान्यता प्रदान किया। यहां छात्राओं को हर प्रकार से हर क्षेत्र में जैसे- शैक्षणिक, मानसिक, शारीरिक, बौद्धिक, नैतिक, आर्थिक, सामाजिक आत्मनिर्भरता एवं उनमें स्वनिर्णय की क्षमता को विकसित करने का उपयुक्त वातावरण प्रदान किया जाता है। समय-समय पर छात्राओं के लिए उनकी क्षमताओं एवं योग्यता अनुसार परिसर-चयन कार्यक्रमों का आयोजन किया जाता रहा है। विविध प्रकार के सांस्कृतिक गतिविधियों, खेलकूद, लेखन-कला, ललित-कला, हस्तकला जैसे शैक्षिक नवाचार, योगासन, समय-प्रबन्धन एवं सामाजिक सहभागिता कार्यक्रमों जैसे एनसीसी और एनएसएस के माध्यम से उनकी भागीदारी

और प्रदर्शन को सुनिश्चित कर प्रोत्साहित किया जाता है जिससे छात्राओं का सर्वांगीण व्यक्तित्व-विकास, कौशल-विकास, नेतृत्व-बोध, टीम-भावना, आज्ञाकारिता और अनुशासन जैसे विभिन्न प्रकार के गुणों, उनकी छुपी प्रतिभा को उभारने, कला-कौशलता को निखारने का अवसर पत्रिका के मंच के माध्यम से दिया जाता है। महाविद्यालय के शिक्षक-शिक्षकेतर का सुयोग्य, प्रतिभावान अनुभवोन्मुखी, दूरदर्शी प्रशासकों एवं प्रबंधकों का एक मजबूत समूह है जिसकी संगठनात्मक क्षमता अद्भुत है। छात्राओं का मार्गदर्शन कर उन्हें सफलता की नई बुलंदियों पर पहुंचाने में सभी की प्रतिबद्धता सम्मिलित है।

डा. सुनीता हेंब्रम
संपादक (हिंदी)

Principal's Message

Dear Readers,

It gives me great pleasure to write a few words as prologue for our in-house college magazine Jirhul, a native plant of Jharkhand (Botanical name Indigofera asplathoides). This is essentially a platform provided to all the budding and skilled writers- students and teachers of our college to exhibit their writing skills. I feel that every student and teacher must take extra efforts to improve their writing skills. Writing is important because.....

Writing is critical to becoming a good reader.

Writing is an essential job skill.

Writing equips us with communication and thinking skills.

FINALLY writing expresses who we are as people.

Unlike talking, when we write, we look for more sophisticated words and expressions to describe what we have in mind. This helps one to build a



structure that will allow one to express oneself better and communicate complex ideas in a more effective way. Writing also helps to improve one's productivity. It is well known that setting one's goals in writing significantly increases the possibilities of achieving them. Therefore, I congratulate all the contributors and the editorial board for bringing the College Magazine despite several

hurdles faced by them in coming out with this magazine. Our institution is consistently trying to empower the students with sound knowledge, wisdom, experience, life values and methodical training both at the academic level and in the extracurricular domain. The institution aims at changing the face of rural region by acting as a prime center of knowledge enhancement and career development.

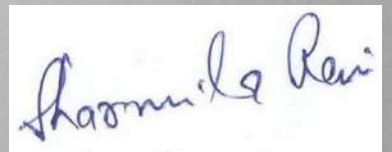
“How women can overcome professional barrier and walk career talk?

- 1. Self-Reflection – Why do they want to work?**
- 2. What are their core values?**
- 3. What are their aspiration?**
- 4. Are their values and aspirations aligned?**
- 5. Where do they seek themselves five years from now?**

6. What steps should they take to achieve their long-term career goals?

“Getting clarity on these points is important for women to set effective goals and actively pursue them.” -Saundarya Rajesh
One of the problems with our education system is that everyone thinks that one has the authority to speak on it. It is true that every parent is the first teacher from whom a child learns.

I take this opportunity to extend my best wishes to all my students and friends for scaling new heights and achieving bigger success in their professional career and also on personal front.



Dr. Sharmila Rani
Principal,
SSLNT MM,
Dhanbad, Jharkhand

The Red Rose

**You throw a frisbee,
out of nowhere
And I run behind it,
like a puppy.**

**Desperate to bring it
Back. Back to you.
And when it's done.
The attention ends.**

**I question myself.
Why did I do it?
I stand with no answer
wrecked like an old
ship.**

**I am Tired with
weariness
Sinking in the middle,
of the ocean water.
with a hole in my chest.**

**But you my Love, you.
You look like a white
Rose,
A sign of Peace
An incarnated beauty.**

**And I the Red Rose
Like the one you gave
me,
Still in middle of the
pages,
Where, I was writing
our story.**

**Shreshtha Jha,
Sem- VI
(English Honours)**

City Life

In the frazzle life of metropolis,
There is countless unspoken dream,
In this tumult of big cities,
There are soundless million scream.

Behind these pleasing flicker domicile,
There is a face of fool's paradise,
And all these inseparable friendship smile,
There is so much insincerity arises.

Here show-off echo far and wide,
Rivalry and envy are their prime concern,
Beware of these ruthless and green eyed,
Here there is little good heart person.

Fiza Firdous
English(H) Sem VI

YOU SHALL NOT BE A SLAVE OF CIRCUMSTANCES

People of great and high valour never succumb to circumstances. They Marshall all their energies to take up the cudgels against adverse circumstance and score a victory. History abounds in men and women who did not allow themselves to be vanquished by unfavorable circumstances. It must always be remembered that one who has firm will power, strong self confidence and steely determination never bows or bends before inhospitable situations.

As a matter of fact, It is our diffidence that scuttles all are powers to move forward and take on unfriendly situations.

Napoleon declared that the word “impossible” was to be found in the dictionary of fools. Mahatma Gandhi faced the mighty British empire boldly and forced in to grant independence to India. Nobody could have ever imagined that such a vast empire could be completed to grant independence to India. It is only the

weak allow themselves to be a slave of circumstances. The brave one fights on and on till he succeeds in moulding the circumstances according to his will. Certainly, this world is not meant for the cowards who acknowledge defeat at the slightest difficulty. Can't we remember that the present advancement in all fields of life including science and technology is the result of the efforts of those who conquered circumstances and gave precious gift of civilization to their Posterity.

**PRIYANKA GUPTA
ENGLISH HONS
SESSION – 2021 – 2024**



I Dreamt a Sky

I dreamt a sky,
Where I'd fly.

Standing on the road,
Trying to identify
myself in crowd.
The way on which I had
my feet,
I was surprised by its
heat.

The people around,
Were telling me to
leave.
I heard them saying,
It was meant to melt
me.

Then I dreamt the sky,
Where I'll fly.

I saw the tree,
Which used to be my
home.
I remember who broke
my wings,
And the damage
caused by storm.

With all the energy left,
I started to climb.
With constantly in my
mind,
Is this what I'm doing, a
crime?

Then I dreamt the sky,
Where I should fly.

This was the time,
I was waiting for.
I was on the top of the
tree,
With no fear before.

Now comes the
question,
Shall I jump to reach
the sky?
I've no wings yet,
Don't even know if I'd
survive?

Then looked at the sky,
Where I had to fly.

**No fairies came for help,
No magic happened.
The tree started shaking,
I gripped it tight in terror.**

**My energy was draining,
And the sky started raining.
My grip started to go lose,
All I had was a second to
choose.**

**Then I looked at the sky,
Where I will fly.**

**Before the fear,
Consumes me whole.
And the chances, abandons
me,
From reaching my goals.**

**I made it towards,
The only thing that will save.
My future, my life,
And everything that is on
stake.**

**Then I flew in the sky,
Where I only ever dreamt to
fly.**

**Shreshtha Jha
Sem VI, English (H)**



Dear Father

**My footsteps swooped on the land,
Holding my hands to your hand.**

**Oh Father! You are my first mentor,
Who dwells in my heart's centre.**

**Eliminating all unassertive memories,
You fabricate me with virtuous stories.**

**Encountering the circumstances and
distress,
You keep me designed like a princess.**

**Thanks Pater! For the wings to fly like a
dove,
And for providing me eternal love.**

**Deepika Kumari
English Hons.
Sem VI**

REPUTATION VS. CHARACTER

Reputation is what other people think of us.

Character is knowing who you are.

Reputation is the picture.

Character is the reality.

Reputation may be a camouflage.

Character is the truth.

Reputation can be damaged by others.

Character can be damaged only by oneself.

Reputation is a bonus.

Character is the achievement.

Reputation invites admiration

Character invites trust.

Reputation is the exterior

Character is the interior

Reputation is the image

Character is the substance

Reputation may be overdraft.

Character is your bank balance.

Reputation is fragile like a glass.

Character is like a strong foundation.

Reputation can be made what others fall for.

Character is built by what you stand for.

So, it will be more fruitful to build up your character,

Reputation.....will be mad.

Priya

English Hons. Sem VI

Fantasies

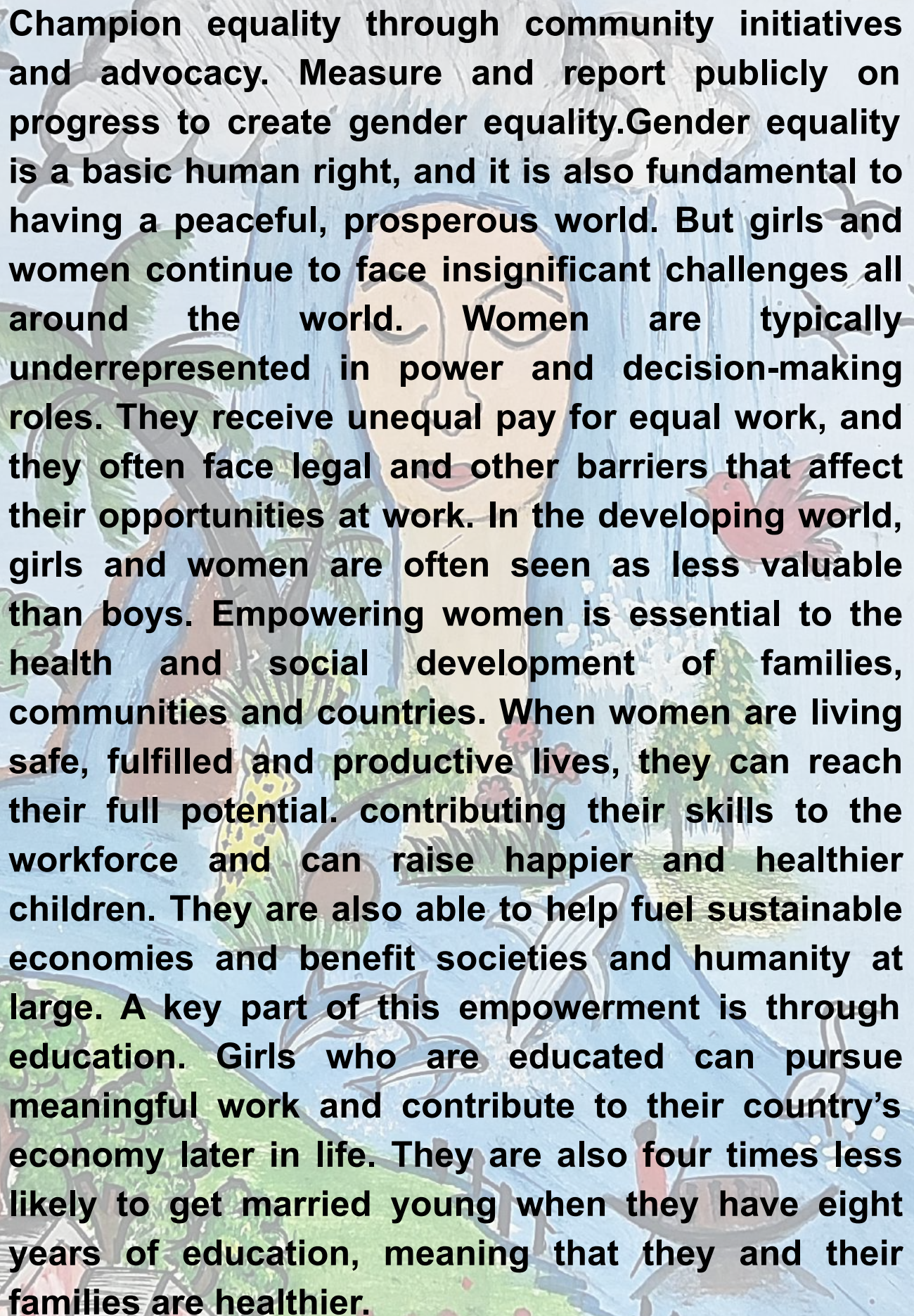
A summer's dreaming below a silvery full moon.
Soft winds blow gentle, the ambiance opportune.
A knack of creativity and I am in different place.
Because dreams transcend both time and space.
Elves dance around fire and sing ancient runes.
Fairies fly above them and sing their own tunes.
A toad can be heard croaking its deafening bass.
And fireflies swarm nearby with exceptional grace.
Epic battles are fought, glorious wars are won.
A page turns old and unwanted are gone.
Villains are condemned and heroes are sung.
Mothers rejoice with new hope for their young.
Leprechauns find gold at the end of the rainbow.
The stars glow as Santa strolls through the snow.
The prince weds his princess , a dream comes true.
This happy story ends but another is starting a new.
A summer's dreaming below a silvery full moon.
Soft winds blow gentle, the ambiance opportune.
Imaginations flow as fantasy and reality embrace
Marvelous dreams transcend both time and space.

Name:-Mayuri Sen
Economics Hons.

Women Empowerment

Women empowerment can be defined as promoting women's sense of self-worth, their ability to determine their own choices and their right to influence social change for themselves and others. It is closely aligned with female empowerment – a fundamental human right that's also key to achieving a more peaceful and prosperous world. Women empowerment and promoting women's rights have emerged as a part of a major global movement and are continuing to break new ground in recent years. Days like International Women's Empowerment Day are also gaining momentum.

But despite a great deal of progress, women and girls continue to face discrimination and violence in every part of the world. Women empowerment is about creating high-level corporate leadership for gender equality, treat all people fairly at work, respecting and supporting non-discrimination and human rights, ensuring the health, wellbeing and safety of all workers, whether male or female. Promote education, training and professional development for women. Implement supply chain, marketing practices and enterprise development that empower women.



Champion equality through community initiatives and advocacy. Measure and report publicly on progress to create gender equality. Gender equality is a basic human right, and it is also fundamental to having a peaceful, prosperous world. But girls and women continue to face insignificant challenges all around the world. Women are typically underrepresented in power and decision-making roles. They receive unequal pay for equal work, and they often face legal and other barriers that affect their opportunities at work. In the developing world, girls and women are often seen as less valuable than boys. Empowering women is essential to the health and social development of families, communities and countries. When women are living safe, fulfilled and productive lives, they can reach their full potential. contributing their skills to the workforce and can raise happier and healthier children. They are also able to help fuel sustainable economies and benefit societies and humanity at large. A key part of this empowerment is through education. Girls who are educated can pursue meaningful work and contribute to their country's economy later in life. They are also four times less likely to get married young when they have eight years of education, meaning that they and their families are healthier.

**Saziya Perween
Economics Honours**



Cricket

Cricket is a Game

In which some players are fame.

Some people watch in lense,

When they see the opposition hit the ball to the fence.

Some people buy tickets,

To watch the bowlers take wickets.

There is a batsman who works hard to concentrate,

While the bowlers try hard to make him frustrate.

There is an umpire, who always makes the right decision,

To help the players who are out to accomplish a mission.

But these days there is a lot of chaos in cricket,

But the players play badly, deliberately on the wicket.

I hope cricket is played sincerely,

So that everyone can enjoy it happily.

**Munmun Mondal
English Hons.**

—Aachana Tiwari²⁰
— Roll-17

Funny Words

Answer State “Uttar Pradesh”

Coming in Evening “Aa – sam”

Do Drama “Kar – natak”

Face “Surat”

Go and Come “Go – aa”

Green Gate “Hari – diwar”

Large State “Maha – rastra”

Make Juice “Bana – ras”

Mr. City “Sri – nagar”

No – Zip “Chen – nai”

Place of Kings “Raja – sthan”

Unmarried Girl “Kanya – kumari”

Munmun Mondal
English Hons.

Dusk till Dawn

Oh, beautiful sunset how captivating you are,
As if someone has played the melodic of guitar.

Oh! all these magnificent hues,
Scattering of yellow and red over blue.

The clouds are twins of cotton ball,
Like the ether is grabbing furry shawl.

These euphoric birds are chanting,
In hurry to egress as their young ones waiting.

The panorama as alluring as Picasso's paint,
And as divine as soul of holy saint.

But vice versa is tale of mine,
Not every flower derives the sunshine.

All this beauty is not for me,
The hour five cuts off my glee.

Overvalue trigger me day by day,
Like last sun rays drives my happiness away.

This compels me to shun the dusk,
Or eventually unease and husk.

But the thing I never forget,
That I'm not alone in this subset.

For all those battling with solitary,
Just pass these phases of life cheerily.

Do not fear of the days in dust bygone,
It'll elapse and tomorrow will be a better dawn.

—Fiza Firdous
English Hons.

DESTINATION

All let down

Moment of barren dry dream

Without main stream

Every single fall

A miss for back a crashed call

Unsolicited word's

Unwanted hurt

No knowledge is gain

Without fighting with pain

How much loss done

Have a glance at I'm the one

Deep discrimination

Different condition

In zero consideration

Devalued evaluation

Demotivated motivation

For all the hasty hesitation

Still I am assured for destination

**—Simran Kumari
English Hons.**

You Are Your Own Limit

Here is a story which I would like to share with you all as an eye opener and for self reflection.

One day all the employees reached the office and they saw a notice on the door which stated "the person who had been hindering your growth in the company passed away yesterday. We invite you to join the funeral in the room that has been prepared on the ground floor". In the beginning they all felt sad for the death of one of their colleagues but after a while became curious to know who was that man who hindered their growth. The crowd became anxious and curious to know the identity of that person. One by one the thrilled employees got closer to the coffin and when they looked inside it, they suddenly became speechless. They stood near the coffin, shocked and in silence, as if someone had touched the core of their soul. There was a mirror inside the coffin and everyone who looked inside it could see himself. There was a sign next to the mirror that reads "there is only one person who is capable to set limits to your growth IT IS YOU."

This stands true for each one of us. You are the only person who can revolutionize our life and help ourselves. Our life does not change when people around us, our friends, our partners or the situations changes. Our life changes when we go beyond the beliefs that limit us, when we realise that we are the only one responsible for ourselves. We are our own reflection. A positive attitude towards ourselves cannot only help us to grow but also lead us to the peak of success. Only we can stop ourselves so do not limit your growth till you think you have grown in the truest sense. Never stop.

Dreaming, Hoping and Flying high in the sky because
"YOU ARE YOUR OWN LIMIT"

Lastly I would like to conclude it by the words of MARTIN LUTHER

"If u can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward".

—Aditi Pathak

STOP GLOBAL WARMING

GLOBAL WARMING

Nature is a gift that keeps on giving and we should be ever thankful to that, but what is happening, is that we are exploiting our nature due to which we are facing natural atrocities. Global Warming is one such example of this. Global Warming is a major atmospheric issue all over the world. It is the steady and continuous rise in temperature. It is caused by the effects of greenhouse gases like CFCs, Methane, Carbon dioxide, Water vapour, HFCS etc. This has become a big issue which need to be solved by the positive ambition of countries all over the world. Due to the rise in temperature of the atmosphere, the result can be seen on the polar ice caps and due to which there is a rise in the sea level. Global Warming is not only affecting the water level, but also has its effects on climate. There is an imbalance in the climate due to which the rainfall cycle also gets affected. The most concerning thing about this phenomenon is that we humans are responsible for it. The increase in the number of vehicles and many electronic goods are responsible for emitting the greenhouse gases which cause the Global Warming. Due to the Global Warming, the ozone layer (protective layer of the earth) also gets damaged, as a result the ultraviolet rays of the sun reaches the earth and that leads to various skin diseases (such as skin cancer). Therefore, it is high time that we understand our responsibilities and change our lifestyle to a more eco-friendly way. Else it will be too late to save the planet and we won't have a place to live anymore.

SAVE our EARTH!

—Shikha Kumari Mahato
Economics Honours

It is better to have Brain than Beauty.

"Remember that the most beautiful things in the world are the most useless, peacock and lilies for instance," said John Ruskin.

Since the year, the globe knows time; man has always been the weakest of all. Compared to numerous other creations of the divine majesty, he can neither fly like birds, nor can he rip the jaws of others like lion but yet he is the most powerful of all. With the drift of sand, centuries passed; winds blew and everything changed. For his sake, time knows all; today all the others serve the toe tips of man. The weakest has now become next to Almighty. Thanks to the immense power he has in store, which rest of the creatures cease to have. He can think, he can answer, he can reason; for he has brain, he has intellect.

In this twenty-second century, top to bottom; most to least; everything we have today is gifted to us by our best buddy; our brain. What has it not done to us? Everything it donated to us. Without any selfishness, without any ambitions of its own it worked hard, day and night, tirelessly, without any complaint; just for our uninterrupted and comfortable sleep. Through everything and everywhere; every finger would count less against its obligations upon us.

Though knowing all the whereabouts of the deep relation between us and our brain, today why is there a conflict between brain and beauty? Why do people think over and over between brain and beauty? Once long back in the pages of history, Sir Alfred Jonathan said, " Beauty is the key to have your answer 'Yes' without asking a clear question; but brain is the key to seize the answer 'Yes' without questioning." Why have we forgotten, that beauty is nothing compared to brain?

It is an acknowledged fact that the brain impacts our personality. This is why at National and Inter - National Beauty Pageants, effort is made to gauge the intelligence of the participants by eliciting their response to identical questions. Undoubtedly, it is better to have brains than beauty. William Shakespeare acknowledging this fact said , " For sweetest things turn sourest by their deeds, lilies that fester smell far more than weeds." This is for the brain, inspires us to do noble things . It not only makes us happy but also spreads joy and happiness in the society.

Since times immemorial, if we notice, beauty has affected this world the most but going deep inside, we find brain at its base. Intellect is the producer of beauty, and as the folks says , as son is always below his father and so implies on the duo. For brain wins the beauty.

Priyanka Paul
English Hons
Session- 2021 -2024.

Can I Dare to Say This?

Those Angels of the heaven,
Amazed from your inner beauty.
Along with the nymphs of paradise.
Looking at a fire wearing the jewel of ice
And how that creator has made you?
A creature like ocean,
Which also has a fire.
Who breaths for her .
But always puts others in the prior.
Hey lady,can I dare to say this?
Perfection with elegance are existing for you.
Look the skies and hues of smiles,
Bended their knees by gazing at you.
As you have the gift of spreading happiness,
Which yet, they never knew.
Hey lady,can I dare to say this?
Perfection with elegance are existing for you.

Anshu Kumari
English Hons.

PEARLS OF WISDOM

- **Optimism is the faith that leads to achievement, nothing can be done without hope.**
- **A happy life consists not in the absence, but in the mastery of hardships.**
- **It all comes to this, the simplest way to be happy is to do good.**
- **Life is either a daring adventure or thing.**
- **Alone we can do so little, together we can do so much.**
- **When one door of happiness closes another opens but often we look so long at the closed door that we doesn't see the one which has been opened for us .**

**—Sonika Soren
Economics Hons.**

I WONDER WHAT COULD IT BE

Every Mother must have
told her child,
The deeds of those great
men, of chivalry and of
might.

Sitting under the bright
light as with my pen I write,
I wonder what could it be
had those brave men not
being there for us to see...

They are the great souls,
who protect us be it night
or day away from their own
homes,

leaving their loved ones ,
They are the men who
sacrifice their lives for the
beloved nation.

I wonder what could it be,
had those brave men not
being there for us to see...

They are the martyrs this
great land ,

They are the brave children
of their motherland.

It is because of their
ubiquitous appearance in
the borders,

That no one dares to cast
an eye on our motherland.

I wonder what would it be,
had those brave men not
being there for us to see...

This is my message to all
those cowards

Fear ,for all the misdeeds
you have done till when can
you run,

From our external martyrs,
will always prove their
mettle.

I wonder that could it be had
those brave men not been
there for us to see...

With a hand upon my chest,
I feel the pride and respect,
My renerance is repealed.

In glory of those, Mighty
unsung heroes.

As our flag waves high,
Unfolding the glory and
grace.

Freedom is the gift that you
unselfishly gave.

Pain and death was the
price that you ultimately
paid.

Everyday I give my utmost
admiration,

To those who fought to
defend our nation.

—Bushra Perween
Economics (H)

RIVER: A DAUGHTER

A small river was growing in the womb of the earth and she was being brought up under the shadow of his father Himalaya. River is still a small child and she is being brought up very lovingly. Her needs are taken care of. She is very much loved and pampered by her parents. The parents of the river have a prestige in the world. Her mother and father gave knowledge of good and bad along with love. A few years have passed now and she has grown up and become a teenager then his parents started telling about her goal and the reward took about to follow the words of our parents and came out of the mountain and started to achieve her goal reverse mother started feeling sad it was painful to be separated from a daughter that words cannot be renewed the father was also in a sad the father was also in a sad condition like the mother but he could not show his tears.

On the other hand Keeping in mind the words of her parents with renewed vigour and speed she rips apart the rock and create gorgeous and she has to walk on rough roads then she takes the form of waterfall and then she has to face the odd circumstances.

After a few years she turned young and takes the form of a river and touches the ground ,then she can't handle her happiness See she becomes fickle she has two options :

1) she can enter the plains and settle her world 2) she can achieve her goal by following the path below in which she had to face many difficult situations.

The river choose the first option and entered the ground. She deviated from a path because she got caught in the illusion of the world. She became selfish and started thinking about herself. River had forgotten the words of her parents and entered the field. She got a lot of expansion space and she could not handle her velocity that's why she went home as it went on causing damage to houses and people. Then people started talking the because of this fault of the river and started abusing the river and her parents.

When it was brought in front of her parents they were very sad and her father Himalaya became enraged that his daughter went on the wrong path and they began to make their wrath on the river he stopped the flow of water in the river.

The River started drying up a little bit everyday she did not see any effect in the initial days then after seeing this change of her she got disheartened and later she also started feeling bad. She realised her mistake. She did not even have the courage to apologise to her parents. She started drying up and the water in that river had reduced to a great extent in view of her condition she planned to apologise to her parents and she begged her parents to accept her mistake as she is very embarrassed for her deeds in fact she should not have done this but she was trapped in the illusion of the world.

Her father was not happy to see the suffering caused to her. His daughter was struggling with difficulties. This sorrow was not seen from the father also and he showed mercy to his daughter and forgave and explain to her and again water was circulated in her with rain and glacial due to she started flowing again in the stream. The rivers swelled and heart grew in respect of her parents. He remembered his goal and started moving towards her goal. On her way to the plains she left the sediment she had brought due to which the plain areas became fertile .Now she has reached the youthful stage . She calmed down and started moving towards her goal. Wherever the river passed ,the villages would be settled to make the land fertile and everyone would pray for the river . Finally after travelling such a long way she had come out of her goal. She moved on slowly. Now her goal was near. The river reached the mouth of the sea and joined the sea as soon as the deltas were form so is the life of a little girl.

मैं हूँ थोड़ी अजीब सी

मैं बादलों से डरती हूँ , बरसात पर मैं मरती हूँ।
जब हवाओं के संग उड़ती हूँ , तब भी जमी से जुड़ के
चलती हूँ।

हाँ मैं हूँ थोड़ी अजीब सी , मगर प्यार से तुमसे करती
हूँ
कभी सागर की चट्टान हूँ , कभी रेत बन किनारों से
जा मिलती हूँ

मैं इंद्रधनुष की बेला हूँ , मैं हर घड़ी रंग बदलती हूँ।
हाँ , मैं हूँ थोड़ी अजीब सी , मगर प्यार में तुमसे
करती हूँ।

जो इंसान मुझे सताए , मैं तंग उसी को करती हूँ।
कल रूठ गयी थी जिस पर , आज पसंद उसकी को
करती हूँ।
हाँ मैं हूँ थोड़ी अजीब सी , मगर प्यार में तुमसे
करती हूँ।

बिन कहे कुछ कहती हूँ , बिन सुने सब समझती हूँ।
बात है , बस इतनी सी , जो हर बार तुमसे कहती हूँ।
हाँ , मैं हूँ थोड़ी अजीब सी , मगर प्यार में तुमसे करती
हूँ।

—Poonam Kumari
English Hons.

चिट्ठियां.....

खो गई वो चिट्ठियां.....
जिनमें लिखने के सलीके छुपे होते
थे
कुशलता की कामना से शुरू होते थे
बड़ो के चरण स्पर्श पर खत्म होते थे
।

और बीच में लिखी होती थी
जिन्दगी.....
नन्हें के आने की खबर
मां की तबीयत का दर्द
और पैसे भेजने का आग्रह
घर ना आ पाने की वजह।

कितना कुछ सिमट जाता था
एक नीले से कागज में.....
जिसे नवयौवन भाग कर सीने से
लगाती
और अकेले में आँखो से आंसू बहाती
।
माँ की आस थी
पिता का संबंध थी
बच्चों का भविष्य थी
कितने रिश्तों का
गौरव थी ये चिट्ठियां ।

डाकिया चिट्ठी लाएगा
कोई बांच कर सुनायागा।
देख-देख चिट्ठी को
बार-बार छू कर चिट्ठी को अनपढ़
भी
एहसासों को पढ़ लेते थे
अब तो स्क्रीन पर अँगूठादौड़ता है
और अकसर ही दिन दोड़ता है
मोबाइल का स्पेस भर जाए तो
सब कुछ दो मिनट श्री में डिलिट हो
जाता है।

सब कुछ सिमट गया छह इंच में
जैसे मकान सिमट गया फ्लैटो में
जज़्बात सिमट गए गैसों में
और इंसान सिमट गए पैसों में

—मेघा कुमारी
हिंदी विभाग

मैं सत्युग की द्रौपदी हूँ पर हर युग में शस्त्र उठाऊँगी।

जो हो, गहना वो मर्यादा का,
या संस्कारों का दर्पण हो।
जो कोई प्रेम की मोती हो,
या सहनशीलता का आचरण हो!
जो कहो तुम, इन सभी को मैं,

निस्संदेह सहज अपनाऊँगी।
सत्युग की द्रौपदी हूँ, मैं,
पर हर युग में शस्त्र उठाऊँगी।

पर ना लेना परीक्षा सहनशीलता की तुम मेरी,
इतिहास ना मैं दोहराऊँगी।
मैं सत्युग की द्रौपदी हूँ,
पर हर युग में शस्त्र उठाऊँगी।

जिस धर्म में स्त्री सम्मान नहीं,
उस धर्म को मैं ठुकराऊँगी।
अब परीक्षा और नहीं,
मैं स्वयं के लिए साहस बन जाऊँगी।
मैं सत्युग की द्रौपदी हूँ,
पर हर युग में शस्त्र उठाऊँगी।

मैं सहनशील रहूँगी सीया सी,
किंतु केवल जब तक तुम राम रहोगे।
जो कभी कोई दुश्शासन बना,
उसे माचंडी का रूप दिखाऊँगी।
मैं सत्युग की द्रौपदी हूँ,
पर हर युग में शस्त्र उठाऊँगी।

—Anshu Kumari
English Hons.

मेरी हिचकिचाहट

पहले जो सरल था
मुश्किल है आज वो
अल्फ़ाज़ आज भी है वहीं
निकलती नहीं आवाज़ वो।

क्यों डरती जुबान मेरी
कोई डर ना मेरे मन को
फिर हकलाती हुई क्यों बोलती ?
अचरज आज है।

पहले थी बेधड़क
व्यक्त करने के अंदाज में
बोलती सब के सामने
आत्मविश्वास के राज में।

फिर क्यों ये दुविधा हुई
शब्दों में संदेह था ।
बोलने से पहले सोचना
यह मेरा नया ध्येय था ।
जगाना उस विश्वास को
क्यों मुश्किल लग रही
मुझे नहीं पता
मैं शब्दों में क्यों गिर रही।

फिर एक उम्मीद कविताओं ने दी मुझे
शब्दों का मेल आपने आप हो गया।
अब डर नहीं औरों की सोच का
क्योंकि मेरा खुद से मिलाप हो गया।

विश्वास का नया जन्म
भाव मेरा अटल हो गया।
मुश्किल जो लग रहा था
अब सरल हो गया ।

—Naina Rani
Department:- B.Ed

आँखें

आँखें अक्सर धोखा दे जाती हैं,
कभी मेरे झूठ कभी मेरी बातों से
मुकर के मुझे एक मौका दे जाती है

कि मैं अडिग रहूँ अपने सच
पर,

वो साथ देगी, भले फिर शर्म लिये
झुक के गिर कर,
ये आँखें एक अदा, एक भाव अनोखा
दे जाती हैं।

कुछ आँखें ऐसी होती हैं,
जिनमें विश्वास झलकता है "
मेरे हर सही-गलत को मानो,
कोई है, जो परखता है,

इस अनजान, अजाब दुनिया में,
रोज नया कोई मिल जाता है
पर उन कुछ आँखों को देख मेरा
हर दोष बिलख उठता है।

क्रोध, घृणा और द्वेष से लेकर,
प्यार, चिंता, पागलपन तक,
सब कुछ (कह) जाती हैं ये दोनों,
फिर भी ख्वाब संजो के रह जाती हैं,
कभी ये मुझसे छल करके,
अंतर का झरोखा दे जाती हैं।
ये आँखें, अक्सर ही धोखा दे जाती
हैं.....

आँख के इक गाँव में रात को ख्वाब
आते थे,
घने से बहते थे बोते तो कहते थे,
उड़ते ख्वाबों का ऐतेबार कहाँ,
अब मुझे कोई इंतजार कहाँ ।

ना कोई छोड़ रहा हैं, ना कोई
खींचता है
मैं अपने-आप बहे जाता हूँ नदी
की तरह,
ना डूबता है, ना रुकता हूँ और ना
सूखता हूँ।
एक खामोशी हैं, सुनती हैं, कहा
करती हैं।
ना ये बुझती हैं, ना रुकती हैं ना
ठहरी है कहीं
नूर की बूँद हैं सदियों से बहा
करती हैं।

बोलिए सुरीली बोलियाँ,
खट्टी-मौठी आँखों की रसीली
बोलियाँ
रात में घोले चाँद की मिश्री,
दिन के ग़म नमकीन लगते हैं।

नमकीन आँखों की नशीली
बोलियाँ,
गूँज रही हैं डूबते साए,
शाम की खुशबु हाथ ना आए,
गूँजती आँखों की नशीली बोलियाँ।

—रागिनी कुमारी
विभाग :- हिंदी

चंपा के किस्से

अरे ओ चंपा उठ जा बेटी, आज तुझे लड़के वाले देखने आ रहे हैं। अरे ओ चंपा कितना सोएगी, माँ की तेज आवाज के कारण मेरी नींद खुल गई। मैं चंपा, उम्र 18 साल, 10वीं के बाद पढ़ाई छूट गई, पापा का निधन हो गया था। माँ घर घर जाकर खाना बनाकर मेरा और मेरा भाई नगेन और खुद का भरण पोषण करती हैं। सुबह के 11 बज चुके थे। माँ जोर शोर से घर को सजा रही थी। बरसों पुराने कुर्सी और मेज़ को कपड़े का कवर पहना रही थी। टूटी हुई चारपाई पर नई चादर बिछाकर अपने बेटी की शादी का सपना सजा रही थी। बाहर से नगेन दौड़ता हुआ आया और कहा लड़के वाले आ गए हैं। मैं चंपा आज अच्छे से तैयार होकर साड़ी के पल्लू को सहेजते हुए कुर्सी पर बैठ गई। माँ ने कहा अरे चंपा जा रसोई में जा, जब आवाज लगाऊंगी तब चाय का प्याला लेकर आ जाना। थोड़ी देर बाद माँ ने आवाज़ लगाई चंपा जरा चाय लेकर आना, मैं सरमाते हुए चाय का प्याला लेकर आती हूँ। सभी की नजर मुझ पर थी, मैं चाय का प्याला सबके हाथों में एक एक कर देती हूँ। अचानक एक महिला शायद वह लड़के की माँ होंगी मुझसे पूछा घर का काम काज अच्छा से आता तो हैं न मैंने हाँ में सर हिला दिया। अचानक से मेरी दुनिया ही बदल गई, 7 दिन के अंदर मेरा तय हो गया।

मैं चंपा आज दुल्हन के वेश में शादी के मंडप पर हूँ, मेरी शादी हो गई। विदाई के वक्त माँ और नगेन ने नम आँखों से मुझे विदा किया। मैं तो जैसे पथराई सी गई थी। शादी के कुछ दिन बाद से ही मुझे यह अहसास होने लगा कि मेरी हैसियत ससुराल में एक नौकरानी जैसी थी। सुबह से रात तक बस काम करो और ताने सुनो। मैंने एकदिन मेरी सास और ननद के बीच हो रही बातचीत को सुन लिया जो कुछ इस तरह थी.....
सास - मैंने तो जान बूझकर कम पढ़ी लिखी और गरीब घर की लड़की से अपने लड़के का शादी करवाया ताकि लड़की ज्यादा सर पर न चढ़ पाए और मेरे पैरों तले दासी बनकर रहे।

ननद- हाँ माँ बिल्कुल ठीक किया। भैया का स्वभाव तो हम सब जानते ही हैं किस तरह वह शराब के नशे में डूबे रहते हैं। उनसे अच्छे घर की और ज्यादा पढ़ी लिखी लड़की थोड़ी न शादी करती, जो हुआ ठीक ही हुआ।

मैंने बताया नहीं मेरा पति जिनका नाम नवीन है। वह एक शराबी और निकम्मा इंसान है। शराब के नशे में धुत रहते हैं, मुझे मारते रहते और अपने बाप का पैसा उड़ाया करते हैं, यही उनका काम है। उसने पता नहीं क्यों शादी किया था। एकदिन शराब के नशे में नवीन मुझे पिट रहे थे, मेरी तमाशा देख रहीं थीं, कह रहीं थीं औरत को इतना तो सहन करना ही पढ़ता है।

पता नहीं उसदिन मेरा सब्र का बांध टूट गया मैंने अपने सास से कहा माँ जी अगर बाबूजी ने आपको इस तरह से पीटा होता तो तब आप कहती? आप जो मुझे गरीब और कमजोर समझ कर अपने बेटे के साथ मेरी शादी करवाई अगर कोई आपके बेटे के साथ भी ऐसा ही करे तब आपको कैसा अनुभव होगा? मैंने अपने पति के गाल पर दो तमाचा और मैं भागते हुए बस स्टैंड पर आ गई। किसी तरह से अपने मायके वापस आई। माँ के घर में तो जैसे मुझे देखकर मातम सा छा गया। माँ ने कहा देख चंपा अब वही तेरा घर है, जो है जैसा है तुमको अब वही रहना है। समाज को हम क्या जवाब देंगे? उधर से मेरे ससुराल से भी मेरी सास ने माँ को फोन किया कि जो हुआ भूल जाएँ और अपनी लड़की को वापस भेज दें, आखिर एक शादीशुदा लड़की अकेली क्या करेगी? मेरी माँ रोज मुझे समझाती और अंत में थक कर बैठ जाती।

मैं चंपा ज्यादा पढ़ी लिखी भी नहीं थी ऊपर से ससुराल से वापस आ गई थी, आखिर क्या करती ? पर मैंने ठान लिया वापस नहीं जाना है। मैंने माँ के काम में ही हाथ बटाना शुरू कर दिया। वह घर घर जाकर खाना बनाती थी। अब मैं भी साथ जाने लगी। उनका काम अब जल्दी हो जाया करता है। नगेन का भी बोर्ड एग्जाम नजदीक आ रहा है, वह भी मन लगाकर पढ़ाई कर रहा था। धीरे धीरे मैंने भी दो तीन जगह झाड़ू, पोछा का काम करना शुरू कर दिया और प्राइवेट में इंटर कॉलेज में दाखिला ले लिया। मैं दिन में काम करती और रात में पढ़ाई करती। इसी तरह से दिन गुजर रहे थे। माँ को सभी कि लड़की को वापस भेज दो, पर मैंने किसी की न सुनी। किसी तरह से इंटर का एग्जाम पास कर गई।

मैं अब अपने आसपास के छोटे बच्चों को ट्यूशन भी पढ़ा दिया करती हूँ। एकदिन मेरी मुलाकात मेरे ही पड़ोस में रहनेवाली फूलों दीदी से हुआ। उन्होंने जब मेरी कहानी सुनी तब कहा तुमने जो किया सही किया। फूलो दीदी एक आंगनबाड़ी सेविका थी। उन्होंने मुझे आंगनबाड़ी भर्ती, सुपरवाइजर व सहायिकाओं की भर्ती निकल चुकी इस बात की जानकारी दी। मुझे फॉर्म भरवाया।

मैं चंपा आज एक सरकारी आंगनबाड़ी सहायिका हूँ। मुझे खुद पर गर्व है क्योंकि मैंने जो ससुराल वापस नहीं जाने का निर्णय लिया था वह मेरे लिए सही था ।

मैं चंपा आज यह कह सकती हूँ कि एक औरत अगर एक औरत की मदद करे तो हम महिलाएँ नारी सशक्तिकरण के चरम सीमा पर पहुँच सकते हैं। लेकिन एक महिला ही एक महिला को नीचा दिखाती हैं, ईर्ष्या, घृणा आदि के कारण एक नारी ही एक नारी के पतन का कारण बन जाती हैं। जैसे मेरी सास और ननद ही मेरी दुश्मन बन बैठी।

महिला सशक्तिकरण तभी संभव है जब महिलाएँ खुद जागृत हो और महिलाएँ आपस में तालमेल बनाकर चलें और खुद को सशक्त बनाए। एक दूसरे का सम्मान करे क्योंकि एक नारी ही एक नारी के दर्द को अच्छी तरह से समझ सकती है और खुद को सशक्तिकरण के चरम शिखर पर ले जा सकती हैं। मैं आज वकील से मिलकर विवाह विच्छेद के लिए कोर्ट में अपील कर आई हूँ।

मैं चंपा आज सभी नारियों से अनुरोध करती हूँ कि वह मेरी तरह सशक्त बने ।

—डॉ. मीता मालखन्डी
सहायक प्राध्यापिका, अर्थशास्त्र विभाग
एस. एस. एल. एन. टी. महिला महाविद्यालय,
मीरा मालखन्डी
सहायक प्राध्यापिका (अनुबंध)
एम. ए., बी. एड. अर्थशास्त्र विभाग

जिस कंकड़ पत्थर वाली गलियो से
हम गुजर रहे,
उसका रास्ता कभी पक्की सड़क से
जाकर जुड़ा ही नहीं और लोग
पूछते हैं तुम्हारे अंगूठों का घाव
कभी जाता क्यों नहीं ।

पापा कहते हैं जिनकी फरमाइशें कम
हो
उनकी पूरी जरूर करनी चाहिए।

कौन कहता है लिखना कला है ?
एक बार कलम उठा कर तो देखो
मन कि आवाज जगा कर तो देखो
रगों में जज्बात बहा कर क देखो

ऐसे शब्द निकलेंगे जो तुम्हारे
शख्सियत बयां करेंगे !

The Silence of the night is
like
songs of peace
Without music
Without lyrics

कोई तरीका हो छोटी - छोटी
गलतियों से बचने का तो बताना ?
तुम ऐसा करो अपनी गलतियों को
समुद्र और नेकियों को नदी मान लो ।

उस पेड़ को लगा कर करोगे क्या
जहाँ धूप पहुँच ही ना पाए ?

ऐसे बीज बो कर करोगे भी क्या
जिसे पानी नसीब हो ही ना पाए ?

सब कुछ हासिल है।
कुछ भी अब तक गंवाया नहीं!

पहली पंक्ति में थोड़ा घमंड है तो
दूसरे ने हौसला गवाया नहीं ।

न हारन को कुछ है मेरे पास
न जीतने की इच्छा।

न जीत से प्यार रहा
न हार से ईर्ष्या ।

Every boy to his girl.

तेरा श्रृंगार सोलह वे मेरा एक भारी
बस मेरी हल्की सी मूँछ और थोड़ी सी
दाढ़ी ।

मेरा तो शाने भी उतना भारी नहीं
जितना
आजकल मन हुआ पड़ा है।

न तो मंगल उतना मंगल है
जितना कुंडली में लिखा पड़ा है ।

—Shweta Kumari
B.Ed. Department

आत्मपरिचय तेरा

तू कौन है... .. ?

रूह है या भटके की राह,
बूत है या इबादत की छाहँ,
स्वांस है या धड़कनों की प्रवाह,
रक्त है या कोशिकाओं की धाह,
अस्थि है या पुंज मांस का,
हवा है या सूक्ष्म कण जल का,
धूल है या बवंडर सैकत कुल का,
धूप है या छाहँ पर्वतों का,
निशा है या चमक जुगनुओं का,
शोर है घुटन का या घटा है मेघ का,
गरज है कामनाओं का या समर्पण है परिस्थितियों का,
नहीं... ..

तू जो भी है...

प्रमाण है सृष्टि के गति का...

पवन की शीतलता का,

तू आस है निरंतर मृत होकर जीवन का,

विध्वंस भी है, सृष्टि के निर्माण का,

हाँ तू परिचय है एकनिष्ठ प्रेम का,

तू जीवन है, तू जगत है, तू जहाँ है, तू गुलशन है,

तू बहार है स्थूल वसुधा का ॥

Name - Purnima Kumari

Zoology (Hons)

Roll no - 67

—Dheeraj Mishra
Assistant Professor
Department of Hindi

Women Empowerment

According to the provision of the constitution of India. It is a legal point to grant equality of women in the society in all spheres just like male. The department of women and child development of women and child development function well in this field for the proper development of the women and child in India. Women are given a top place in India from the ancient time however they were not given empowerment to participate in all areas. They need to be strong, aware and alert every moment for their growth and development.

Empowering women is the main objective of development department because an empowered mother with child makes the bright future of any nation.

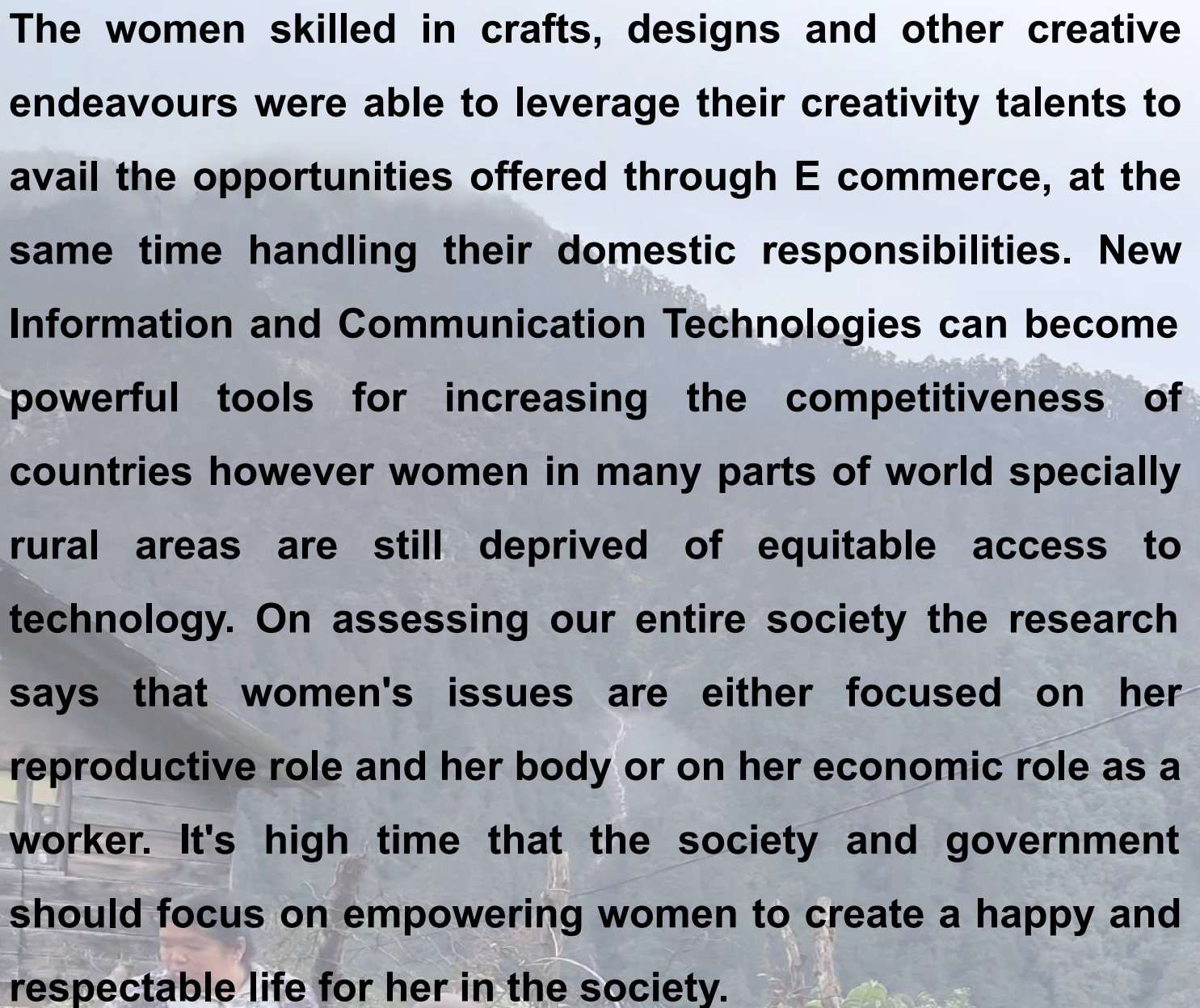
There are many formulating strategies and initiating processes started by the government of India in order to bring women into the mainstream of development.

Women constitute half population of the whole country's population and need to be independent in every area for the holistic development of women and children.

—Sangita Singh
Assistant Professor
Department of Psychology
SSLNT MM Dhanbad

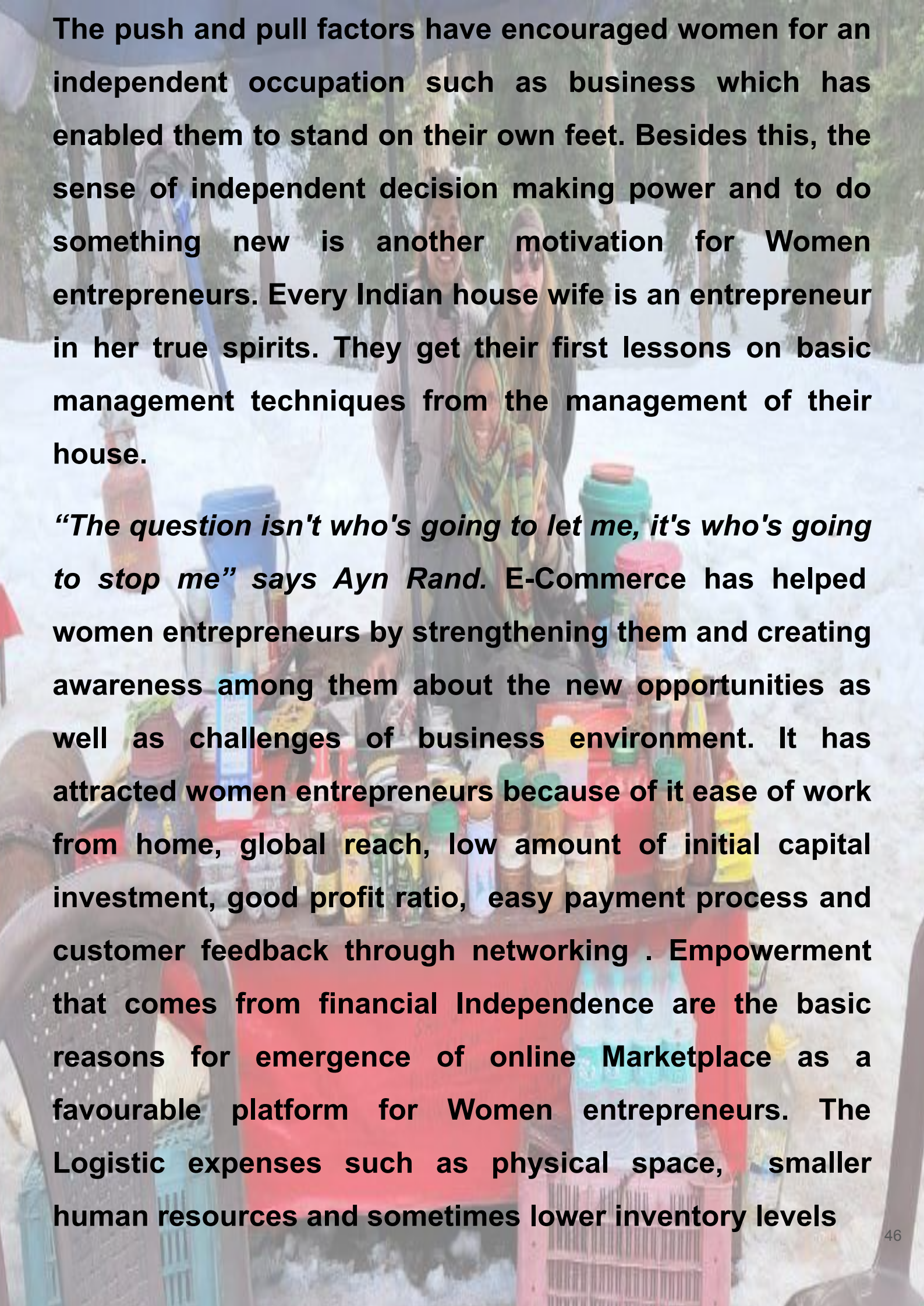
Women Empowerment Through E-commerce

Knowledge is a powerful weapon that enables a physically weak person to become the strongest person in the world in terms of power, name, fame, success and position. Women's empowerment is closely related to promoting women's sense of self confidence, self worth and their ability to determine their own choices. Imparting excellent education is the most important way to empower women. Empowered women promotes the health and productivity of the whole families and also improves the whole prospect for the upcoming generation. Remarkable change has been experienced from earlier centuries, when women were treated as almost non-existent to the present time when they have successfully created a platform for themselves in almost every field. Shattering the glass ceilings every step of their way, women have been acting as essential players in business world with superb aims to introduce innovations like never before and at the same time, they are also performing their household responsibilities and upbringing of children. E-Commerce has evolved as a viable alternative in the wake of covid-19 pandemic for some small business owners specially women creative entrepreneurs.

A woman in a patterned jacket and dark skirt is walking on a paved road, carrying a young child in a dark hooded jacket. The child is holding a large pink plastic bucket. The background shows a hilly, rural landscape with trees and a building on the left. The text is overlaid on this image.

The women skilled in crafts, designs and other creative endeavours were able to leverage their creativity talents to avail the opportunities offered through E commerce, at the same time handling their domestic responsibilities. New Information and Communication Technologies can become powerful tools for increasing the competitiveness of countries however women in many parts of world specially rural areas are still deprived of equitable access to technology. On assessing our entire society the research says that women's issues are either focused on her reproductive role and her body or on her economic role as a worker. It's high time that the society and government should focus on empowering women to create a happy and respectable life for her in the society.

E-Commerce is defined as the process of buying ,selling ,transferring or exchanging products , services or information through computer networking including the internet.[*Turban etc al.2008*]. With the passage of time, the economy is speedily moving towards E-Commerce with new opportunities as it makes possible round-the-clock access to business. The idea of work from home was primarily generated by E- Commerce. It has enabled women entrepreneurs to flourish in the business sector.



The push and pull factors have encouraged women for an independent occupation such as business which has enabled them to stand on their own feet. Besides this, the sense of independent decision making power and to do something new is another motivation for Women entrepreneurs. Every Indian house wife is an entrepreneur in her true spirits. They get their first lessons on basic management techniques from the management of their house.

“The question isn't who's going to let me, it's who's going to stop me” says Ayn Rand. E-Commerce has helped women entrepreneurs by strengthening them and creating awareness among them about the new opportunities as well as challenges of business environment. It has attracted women entrepreneurs because of its ease of work from home, global reach, low amount of initial capital investment, good profit ratio, easy payment process and customer feedback through networking . Empowerment that comes from financial Independence are the basic reasons for emergence of online Marketplace as a favourable platform for Women entrepreneurs. The Logistic expenses such as physical space, smaller human resources and sometimes lower inventory levels

are avoided in e-commerce business due to which women entrepreneurs are able to offer lower prices to consumers which ultimately result in higher level of consumer satisfaction .

Women experience barriers in almost every aspect of work. Some barriers that women entrepreneurs face are :

- Lack of social and institutional support.
- Balancing responsibility between family and business.
- Few sectors being women friendly.
- Poor funding prospects and limited mobility.

Some other barriers that Indian women face, in general are low pay than their counterparts, denied opportunities, workplace abuse etc.

“ The thing women have yet to learn is nobody gives you power. You just take it.”

– Roseanne Barr.

I would like to conclude my article with the pious words of Guru Nanak , Range Asaa Mehala 1,P.473, Sri Guru Granth Sahib ji. “So kyu manda aakhiye jit jamme rajan” ,

As mentioned above, the sacred verse of Sri Guru Granth Sahib ji which means,

Of a woman are we Conceived,

Of a woman are we born,

To a woman are we betrothed and married,

It is a woman who keeps the race going,

Another companion is sought when the life-partner dies,

Through a woman are established social ties.

**Why should we consider woman cursed and
condemned,**

When from woman are born leaders and rulers.

From a woman alone is born woman,

Without woman there can be no human birth.

Without woman, O Nanak, only the True One exists.

**—Manmeet Kaur
Assistant Professor (Contract.)
Department of Commerce
SSLNTM Mahila Mahavidyalaya**

WOMEN EMPOWERMENT IN INDIA

Empowerment of women today, there has been a discussion with women working with men everywhere. They claim an independent approach even if they are living or working outside. With the the continued increase in the number of working women they have achieved financial independence, which has given them the confidence to lead their lives and make their identity. They are successfully taking various profession to prove that they are not second to anyone in any respect. But on doing so women also take care of their profession as well as to prevent the balance between their commitment to their home and family. They are playing a role of mother, daughter, sister, wife and remarkable good will and easy- to- do professional with equal opportunities to work, they are working with the spirit of teamwork. So that they can provide all possible support to their male counterparts in fulfilling the set deadlines and goals in their respective counterparts. Women empowerment is not confined to urban, working women, but even in remote towns and villages. Women are very quick to hear their voices in society. They are no longer willing to play for their male counterparts. Women empowerment is a debatable subject. At the earlier time they were getting equal status with men. But they had faced some difficulties during post-vedic and epic ages. Many a time they were treated as slave, from early twenty century their status have been changed slowly and gradually. In this regard, we may mentioned the name of the British people. After the independence of India the constitutional makers and national leaders strongly demand equal social position of women with men. Today we have seen the women occupied the respectable positions in all walks of the fields. Yet they have not absolutely free some discrimination and harassment of the society.

Dr. Sujata Singh
Assistant Professor
Department of Psychology⁴⁹
SSLNT MM

Plants- The Precious Part

Oh Human! Don't be so rude
Plants also have life ,Dude!
Facing the sunlight with trouble ,
They provide a shadow being humble
They don't cry
As they don't have eye
But they feel perilous
When their place become sapless
So considering it as a chance
Kindly originate yourself to water the plant.

—Deepika Rawani
English Hons

Success in our Room

Roof said - Aim high
Fan said - Be cool
Clock said - Every minute is precious
Mirror said - Reflect before you act
Window said -See the world
Calendar said - Be up to date
Door said - Push hard to achieve your
goals
Pillow said - Sleep to wake

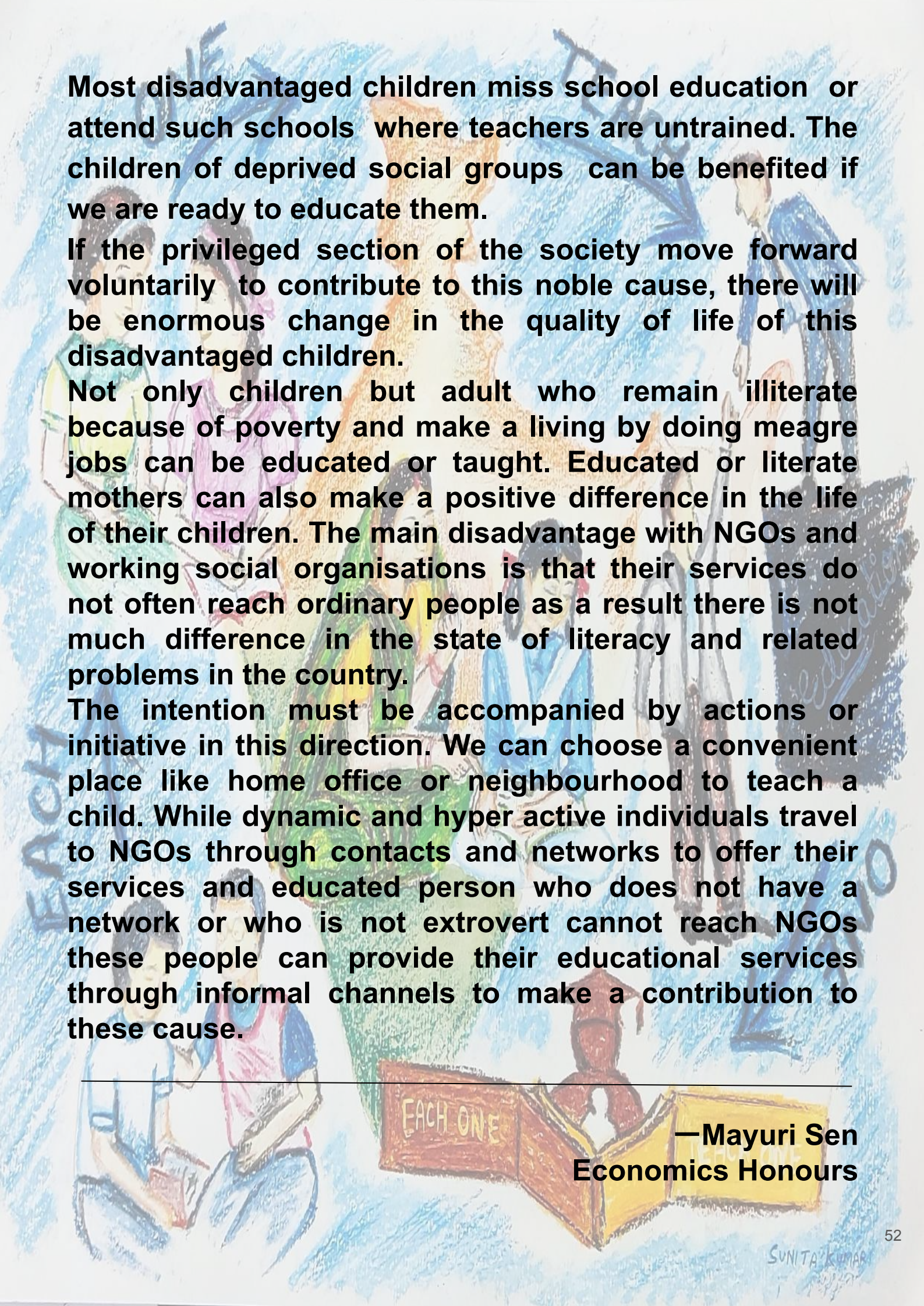
—Aditi Pathak
English Honours

Each One Teach One

The slogan 'Each one Teach' one is a slogan for the educated class to understand their moral and social responsibility towards the society to teach at least one illiterate person ,makes a big difference in society.

Our society is influential enough to decide our satisfaction for life . The way we perceive this makes us to feel low or high. Not all individuals in our society are equally privileged. Government policies and laws can promise many rights to disadvantaged children, make attempts to eliminate or reduce disparities, but it is a fact that many children are deprived of the right to education.

If we want children of all classes , even poor families to be literate and aware of their basic health and hygiene and to grow up as educated citizens we must move forward on their behalf. advocated citizens we must move forward on their behalf. It is our social res.We could argue that there are NGOs, and many Non profit Organisations dedicated for these. Responsibility to share our wealth of knowledge and learning with least privileged section of society that includes students, educated homemakers and professionals and can play vital role in the education of this disadvantaged children the contribution of each individual can bring a significant positive change in the current state of illiteracy. The collective power of each contribution of significant significant act of each individual is immense and can help to fill the gap of education provided by formal schools.



Most disadvantaged children miss school education or attend such schools where teachers are untrained. The children of deprived social groups can be benefited if we are ready to educate them.

If the privileged section of the society move forward voluntarily to contribute to this noble cause, there will be enormous change in the quality of life of this disadvantaged children.

Not only children but adult who remain illiterate because of poverty and make a living by doing meagre jobs can be educated or taught. Educated or literate mothers can also make a positive difference in the life of their children. The main disadvantage with NGOs and working social organisations is that their services do not often reach ordinary people as a result there is not much difference in the state of literacy and related problems in the country.

The intention must be accompanied by actions or initiative in this direction. We can choose a convenient place like home office or neighbourhood to teach a child. While dynamic and hyper active individuals travel to NGOs through contacts and networks to offer their services and educated person who does not have a network or who is not extrovert cannot reach NGOs these people can provide their educational services through informal channels to make a contribution to these cause.

EACH ONE —Mayuri Sen
Economics Honours

COVID 19

Covid 19 Outbreak

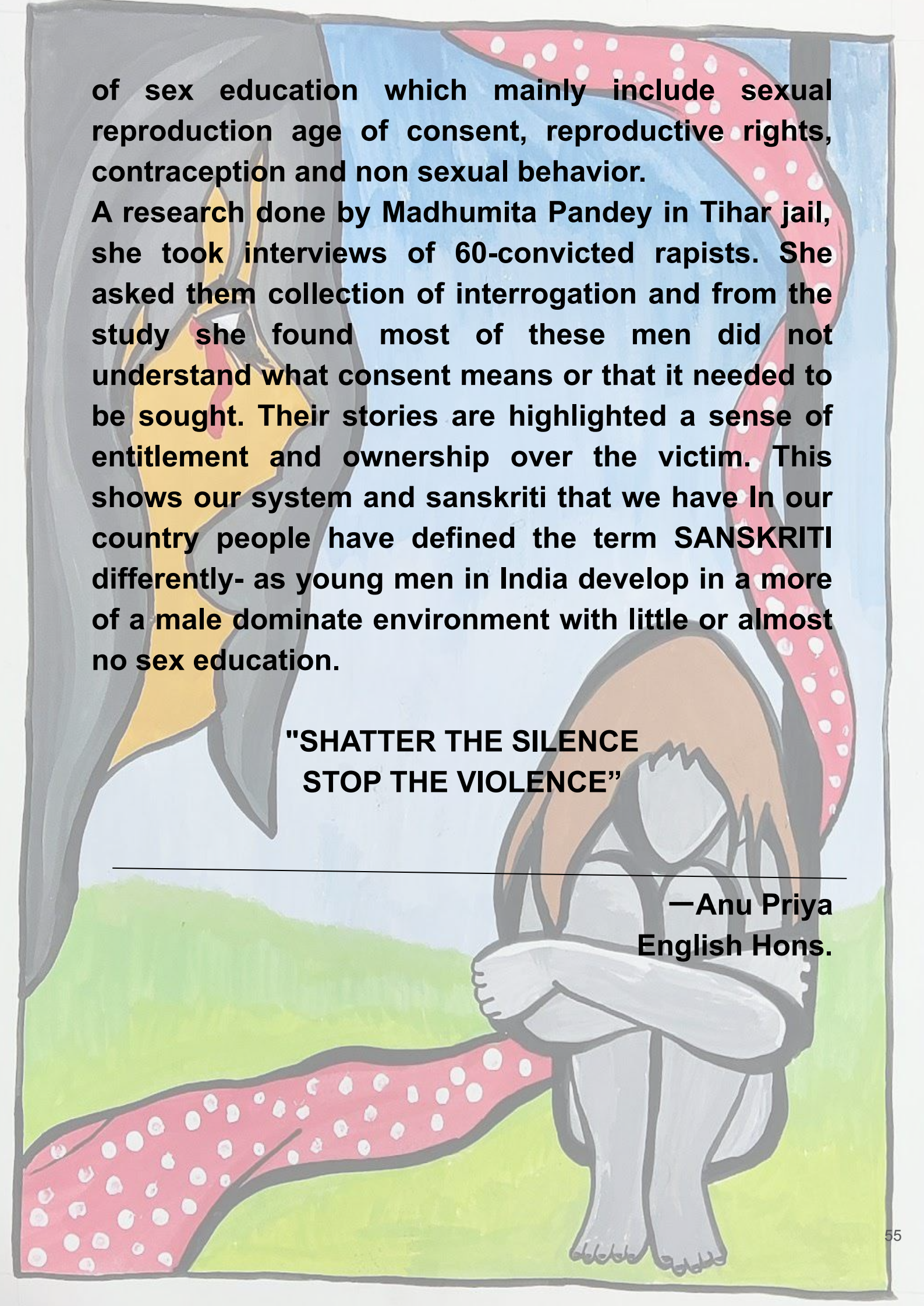
New year , New hopes,
Vanished just in a few months
Covid 19 Outbreak,
Family suffers headache
With each passing day,
it becomes harder to breathe
What to do next ,
This is the prime quest
Corona cased rising like hell
Oh 2020 ! please go back
summer is at its peak
But Corona is not ready to weak
Hopeless eyes ,gloomy face asks
How long a to wait ?
While WHO said ,
Corona might never end.
Should learn to live with it ,
Like HIV did .

—Komal Kumari
English Honours

CORONA

SHUT OFF RAPISM!

There are several immoralities in our society, rape is one of them. It is dishonourable to know the fact that, India is the world's most dangerous country for women. This survey was done by Thomas Reuters Foundation. The bitter truth is, everybody knows about it but nobody wants to talk. It is such a bloody taboo in India that the silence of itself becomes the mess. India has recorded an average of 77-rape cases daily in 2020, NCRB REPORT revealed. What can stop rape? Outburst for public hanging, encounters or lynching will not stop, when fear of law can't. If a person is convicted of rape, the ideal solution should be hanging but that raises another issue. Once it is cleared that the death penalty is highly probable in rape case, it may in fact have opposite impact- instead of acting as a deterrent, it could lead to perpetrators making sure the victims are left dead or in no state to make a complaint or recognize the perpetrators. So what's the elucidation? People consistently talk about improved security, CCTV camera, cab service for women at night and so on. These are extremely ethical measures but are short lived. What's the root problem? The only way to tackle India's sexual violence epidemic - **SEX EDUCATION**. On no occasion we talk about sex education in school which again a bigger taboo in India that the silence itself becomes the problem. There are many aspects



of sex education which mainly include sexual reproduction age of consent, reproductive rights, contraception and non sexual behavior.

A research done by Madhumita Pandey in Tihar jail, she took interviews of 60-convicted rapists. She asked them collection of interrogation and from the study she found most of these men did not understand what consent means or that it needed to be sought. Their stories are highlighted a sense of entitlement and ownership over the victim. This shows our system and sanskriti that we have In our country people have defined the term SANSKRITI differently- as young men in India develop in a more of a male dominate environment with little or almost no sex education.

**"SHATTER THE SILENCE
STOP THE VIOLENCE"**

**—Anu Priya
English Hons.**

I'm Learning

I am learning to be okay
When people walk away
Accepting they have a part to play
And not everyone meant to stay

I'm learning to walk alone
And not seek comfort in there embrace
To speak of my thoughts freely
And accept rejection with grace

I'm learning to hold back
And not put my heart out to be played
For they would have made the effort
If it meant more than they displayed

I'm still learning how to love properly
Cause people have some twisted ways
Realising it's not all it's made out to be
Love of an ends in disappointment and heartbreak

I'm trying to learn how to learn
Cause it is life that has many turns
I know different people have their different route
Everybody wants their target to shoot

मेरे पापा पर मैं बोझ नहीं हूँ

शाम हो गई अभी तो घूमने चलो न पापा,
चलते चलते थक गई कंधे पे बिठा लो ना पापा,
अँधेरे से डर लगता सीने से लगा लो न पापा,
मम्मी तो सो गई आप ही थपकी देकर सुलाओ न पापा,
स्कूल तो पूरी हो गई,
अब कॉलेज जाने दो न पापा,

पाल पोस कर बड़ा किया,
अब जुदा तो मत करो न पापा,

अब डोली में बिठा ही दिया,
तो आंसू तो मत बहाओ न पापा,

आपकी मुस्कराहट अच्छी हैं,
एक बार मुस्कराओ न पापा,

आप ने मेरी हर बात मानी,

एक बात और मान जाओ न पापा,
इस धरती पर बोझ नहीं मैं,

दुनियाँ को समझाओ न पापा,

आपने तो अपना खून-पसीना बहाकर मेरे सारे सपनों को पूरा किया है पापा।

मुसीबत में तो सब साथ छोड़ देते हैं।

पर हर वक्त सुख-दुख में आपने साथ दिया है पापा। इसलिए भगवान से भी
आप कम नहीं कहलाते है पापा।

—Swaraj Pankaj
Zoology Hons.

Happiness Life is for Living

Life is a gift we're given

Each and every day.

Dream about tomorrow, but live for today.

To live a little, you've got to love a whole lot.

Love turns ordinary into the extraordinary.

Life's a journey always worth taking.

Take time to smell the roses....

and lilacsand sunflowers....

Count blessings like children count stars.

The secret of a happy life isn't buried in a treasure chest....

It lies within your heart.

It's the little moments that make life big

Don't wait . Make memories today.

Celebrate your life!

**—Sonika Soren
Economics Hons.**

Success

If you fail, never give up because
F.A.I.L Means “First Attempt in
Learning”

END is not the end. In fact E.N.D.
Means “Effort Never Dies”

If you get no as an answer, remember
N.O. Means “Next Opportunity”.

Don't read success stories,
you will get only message,
read failure stories,
You will get some Ideas
to get success. !!

You cannot change
Your future,
But you can change
Your habit.
And surely your habit Will
change your future.

—Ankita Kumbhakar
Zoology Hons

Inspiration Helps In Changing Our Lives

We all desire to be successful in our lives and thus we do continuous effort for the same. Inspiration is something that energizes us in the path of success. It motivates us and helps us in doing our best. Every body has someone in their life that is the greatest inspiration for them. It can be someone from our family or the world outside. It is the characteristics and outstanding

Qualities of the people that make them be an inspiration for us. Our inspiration makes us enthusiastic about achieving our goals in life. It helps in enhancing our creativity that makes us different from others. It inculcates motivation in us that keeps us reminding about our aim in life.

Inspiration fills us with positivity.

We all are aware that failure is a part of success. We all need to have courage and a strong mindset to face these failures in life. It is sad to state that many of us become sad or hopeless after facing failures in life. Inspiration is a positive energy that helps in getting rid of the hopelessness and depression in our life. It inculcates positivity in use and adds enthusiasm again in our life.

Conclusion Inspiration helps in changing the way of our thinking and doing things in our life. It is necessary to have an inspiration to bring light into our dark lives.

—Ankita Kumbhakar ⁶⁰
Zoology Hons (2021-2024)

Butterfly

**Butterfly- Titali rani ,Titali rani
Lagti ho tum bari sayani .
Phool -phool par jati hai
Phool phool se rang churakar
Apnanye pankh ko sajati hai .
Jab use jao pakaarne
Jhat se vo ud jatee hai .**

**Kiya ek bachpan ka khel tha ,
Jise hum khabhi khela karte the,
Titalee(butterfly) ko pakara karate the
Or titali ko dekh kar kabhi hum khud v uda karte
the ,isliye to kahtye hai ki wo bachpan ke din kiya
din the,
Jo dubara hume na miltye hai .
Titalee (butterfly) ko dekhkar kabhi - kabhi
Hamme, wo bachpan ke din yaad Atye hai
Rang birangi titali.**

**—Swarna Pankaj
2021- 2024
Zoology (H)**

Feminism: A necessity or a trend?

I raise up my voice not so that I can shout, but so that those without a voice can be heard. We cannot all succeed when half of us are held back. -Malala Yousafzai

"I say "I am a feminist" and you laugh saying "Women have rights already" And while you laugh at this movement you are laughing at the 15 million girls who will become child brides this year alone not realising that the girls getting married at younger age without completing their own education, what would they feed to the next coming generation, you are laughing at the millions of young victims of domestic violence who considers their situation as their fate written by God , not realising THE CREATOR CANNOT HARM THEIR CREATION and and the girls who are being raped giving excuse of their night out, short dresses, women discriminated against because of something as simple as their gender.

And in turn, I laugh at you for your lack of an understanding towards a movement that affects you and everyone that you know and love. But I do not laugh at your rape jokes, I do not laugh when you tell me to "Shut up and to lower my voice " I do not laugh at your utter negligence to an issue as important as this because basic human rights are not funny. The very real experiences of those victimized solely due to their sex is not laughable. The suffering of my entire gender is not a joke that you are allowed to make.

There are people who believe that we don't need feminism today but nothing could be further from the truth. Women have struggled for equality and against oppression for centuries all throughout and the battles have been partly won. Still, there are milestones to go.

Feminism isn't about making women stronger. Women are already strong; it's about changing the way the world perceives that strength. Feminism agenda is basic- it ask that women not to be forced to chose between public justice and private happiness. Feminism is about the equal collaboration of male and female be it kitchen or the missile mission. We need to understand and make world understand each one of us is a Human before being judged by our biological identity . Feminism isn't a complicated word to understand but it's certainly been seen that way throughout history .It's not a badge of fashion item it's the necessity of time.

"There is a special place in hell for women who don't help other women."

If it is true that the situation of women's human rights has improved in recent years, this does not mean that sexism has ended. Women's rights should not be seen as special rights. We have to understand how the slow progress to women equal rights is going. Feminism can be seen as a movement to put an end to sexism, sexist exploitation and oppression and to achieve full gender equality in the world. Feminism is definitely not a stick with which to beat other women . Feminism is a radical notion that women are human beings and we deserves to be treated the same.

- Minal Raj

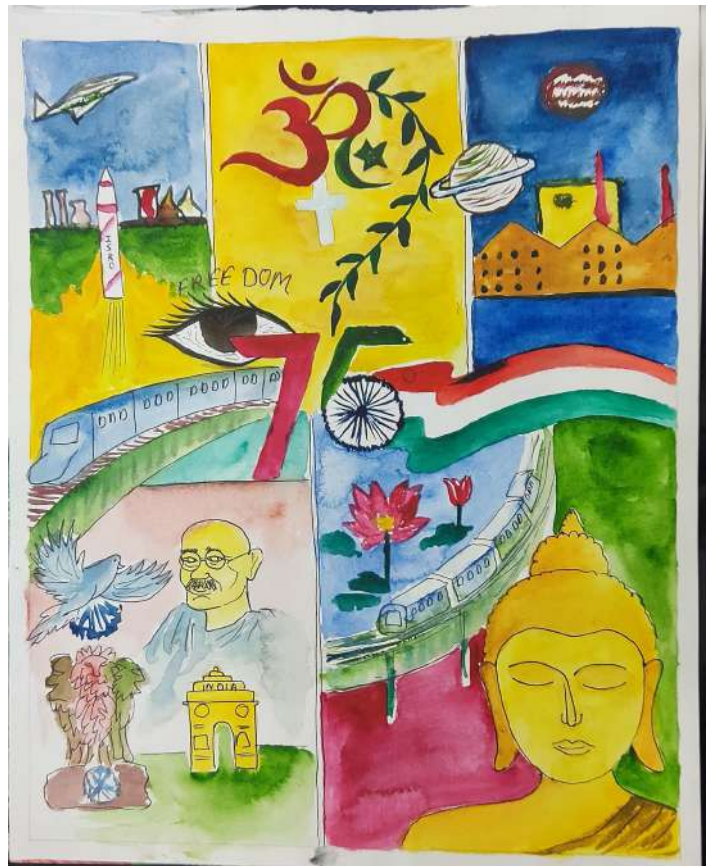
वक्त

घर बनाने में वक्त लगता है"
पर मिटाने में वक्त नहीं लगता ।
दोस्ती बड़ी मुस्किल से बीएमटीआई है,
पर दुश्मनी में वक्त नहीं लगता ।
गुजर जाती है उमर रिश्ते बनाने में,
पर बिगड़ने में वक्त नहीं लगता।
जो कमाता है महीने में आदमी,
उसे गवाने में वक्त नहीं लगता।
पल पल कर उम्र पाती है जिंदगी,
पर मिट जाने में वक्त नहीं लगता।
जो उड़ते हैं अहम के असमानो में,
जमीन पर आने में वक्त नहीं लगता।
हर तरह का वक्त आता है जिंदगी में,
वक्त के गुजरने में वक्त नहीं लगता।
वक्त के गुजरने में वक्त नहीं लगता...।

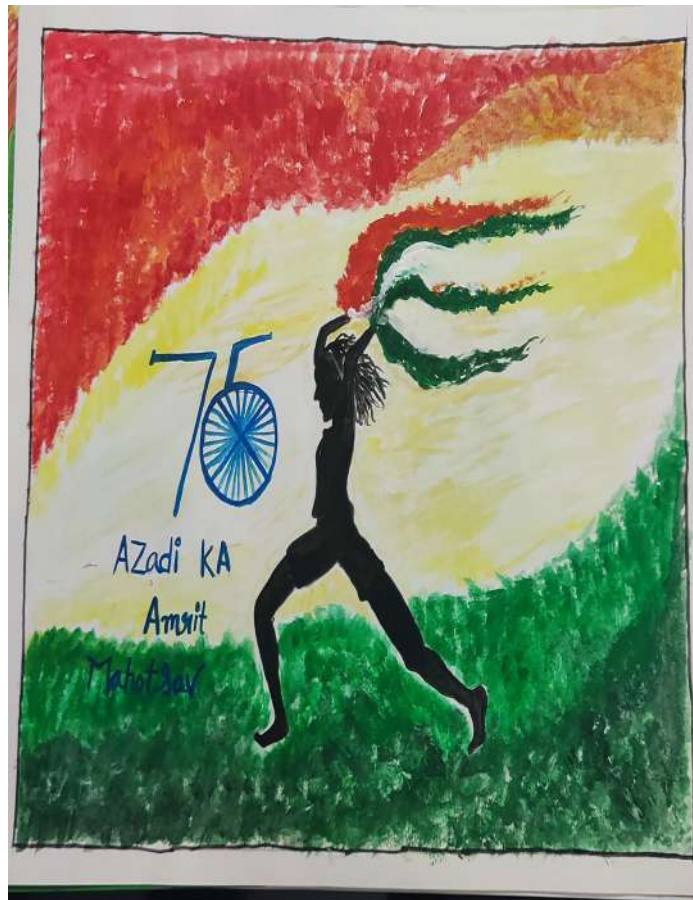
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सेम:2
ऑनर्स: जूलाँजी
सेशन: 2021_24

Art Gallery

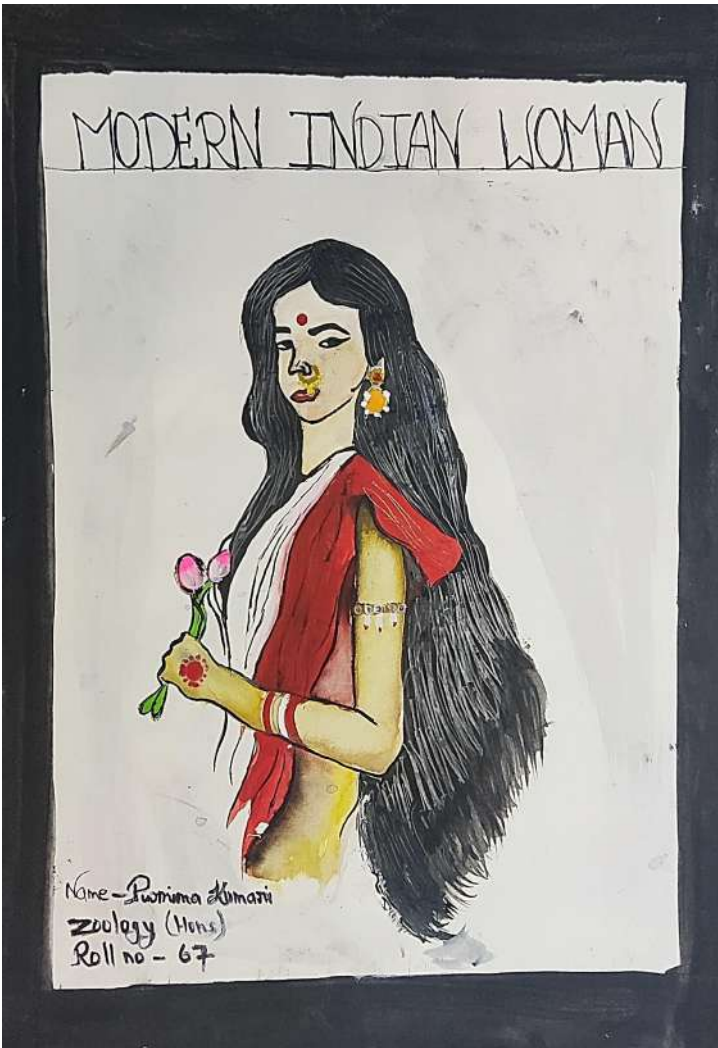
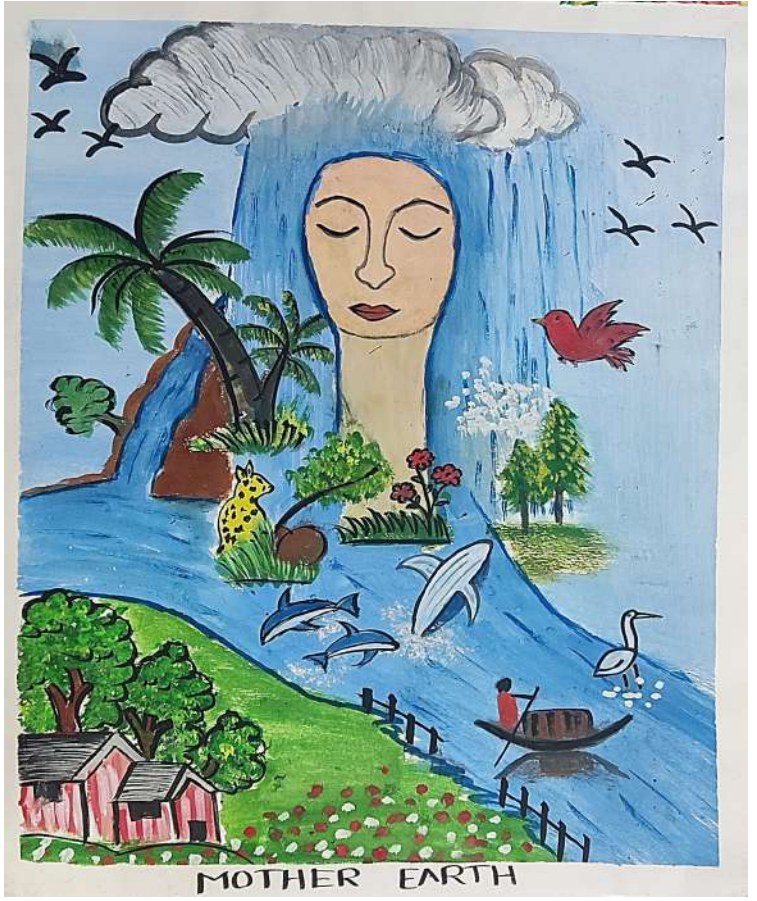




Happiness



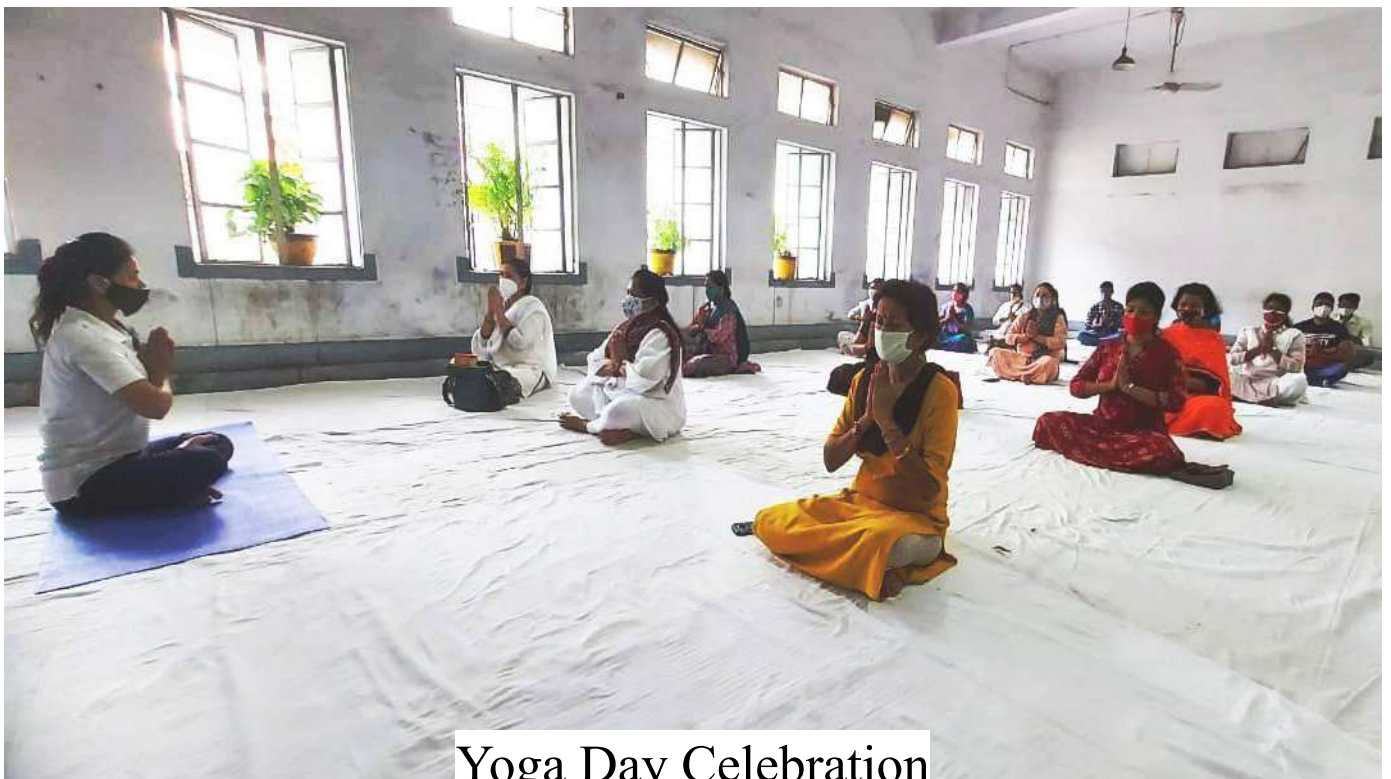




Life at SSLNT MAHILA MAHAVIDYALAYA . . .



Har Ghar Tiranga march by students of SSLNT Mahila Mahavidyalaya



Yoga Day Celebration



Felicitation of University and College Toppers



Hindi Diwas Celebration 2022



Placement Drive 2022



Inauguration Anand Mela 2022



Awareness Procession on Prevention of Single Use of Plastic by NSS



Rooftop Solar Panels



Har Ghar Tiranga march by NSS



Alumni Meet 2022



Filariasis Disease Awareness March



Prevention of Single Use of Plastic



Swachh Bharat Abhiyan



Poster Making Competition



Health Awareness Programme



Har Ghar Tiranga March by NCC Cadets



Blood Donation Camp



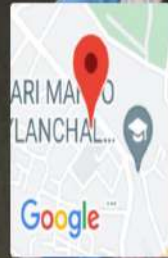
NCC Outdoor Training



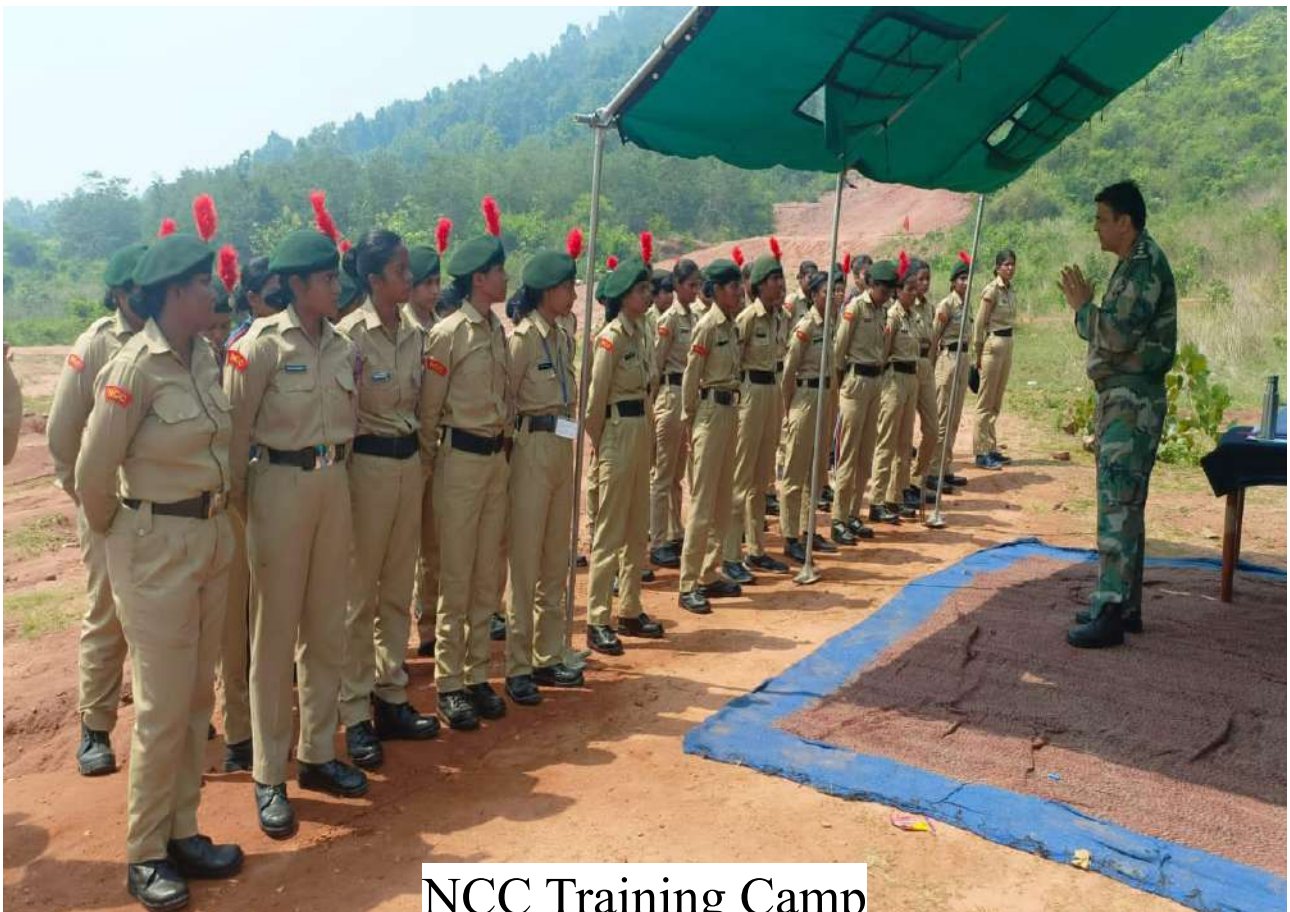
Science Stream Students participated in Science Fair organized by IIT Dhanbad



Language Lab Faculty Induction



Dhanbad, Jharkhand, India
Randir Verma Chowk, RC2P+FHC, beside BSS Mahila Vidhyalaya,
Kasturba Nagar, Dhanbad, Jharkhand 826001, India
Lat 23.801098°
Long 86.436392°
06/07/22 04:35 PM



NCC Training Camp



Plantation Drive



Workshop on Cyber Security



Republic Day Celebration 2022



Voters Awareness Visit 2024



3rd Position in Shooting Competition 2023



Swachh Bharat Abhiyan 2023



Speech Competition on the theme "Role of Young Voters in Nation Building. 2023

Unnat Bharat Abhiyan visits adopted village Damodarpur 2024



Dhanbad, Jharkhand, India
 Unnamed Road, Binod Nagar, Dhanbad, Damodarpur, Jharkhand 826003, India
 Lat 23.796274°
 Long 86.463413°
 09/04/24 01:14 PM GMT +05:30

GPS Map Camera

Google

ELC visits Damodarpur Village 2024



Damodarpur, Jharkhand, India
 QFW6+JGQ, Shanti Vihar Colony, Binod Nagar, Dhanbad, Damodarpur, Jharkhand 826003, India
 Lat 23.796556°
 Long 86.461578°
 09/04/24 12:31 PM GMT +05:30

GPS Map Camera

Google



Drawing Competition



Republic Day Celebration '24



SSLNT Pledges to Vote



Drawing Competition



SSLNT Pledges to Vote



Class Presentation



Computer class

Unnat Bharat Abhiyan visits adopted village Belgaria



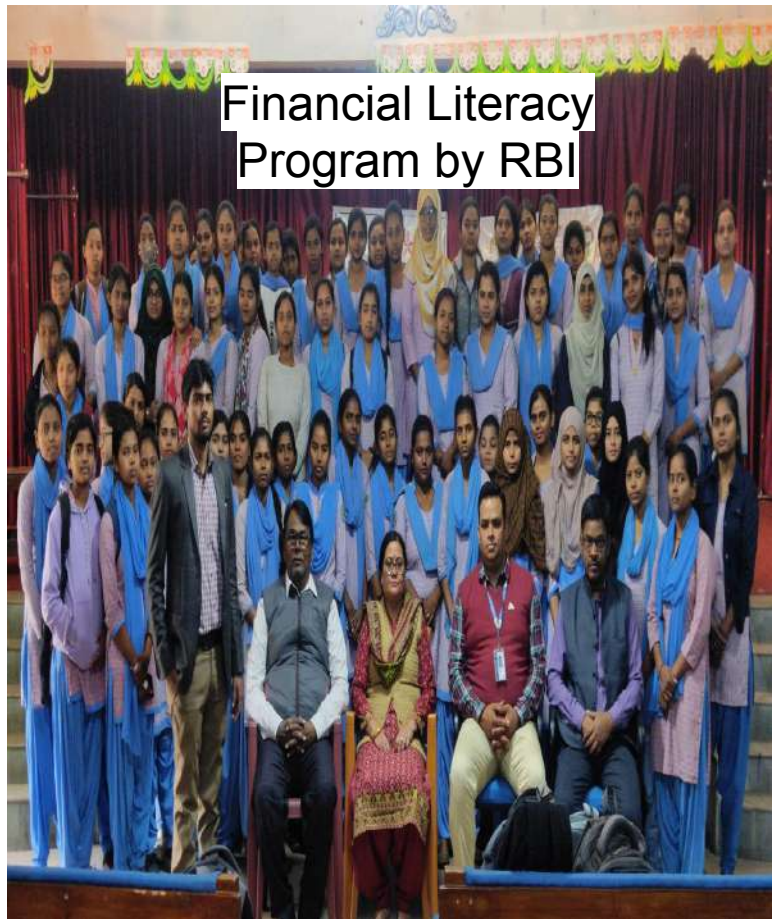




Placement Drive



MOU with Learnet



Financial Literacy Program by RBI









Play by students of English Department



NAAC ACCREDITED-B

SHREE SHREE LAKSHMINARAIN
TRUST
MAHILA MAHAVIDYALAYA

FENCE
ING